

LENOIR COUNTY COUNCIL ON AGING

RESOURCE GUIDE

FOR SENIORS



ASSISTANCE

RECREATION

REFERRALS

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Our Mission is to “enrich” the lives of Lenoir County seniors through our services and activities.

ADVOCACY/ASSISTANCE

American Association of Retired Persons (AARP)

Robert N Jackson Director 866-389-5650

Local Chapter Contact

Janice Sellers

252-522-4084

jesjmgcl@icomnet.com

*Local chapter meets every 3rd Thursday each month at 11:30 AM
at Kings Restaurant, Hwy 70 E., Kinston, NC.*

Bereavement

Community Home Health and Hospice Care

2405 North Herritage St.

Kinston, NC 28503

Contact: Karen Debruhl

252-527-9561

*Physician's referral required. Offers services such as bereavement
counseling, reassurance calls, hospice volunteers, and respite care.*

Cancer Services

Lenoir County Memorial Hospital (Sponsor)

Contact: Janet Scism

703 Doctors Drive, Kinston, NC 28501

252-522-7600

Doctor's referral required for Radiation Services

Guest Speakers

"I Can Cope" educational program 3 times per year

Look Good, Feel Better: Breast Cancer

Contact: Amy Hill @ 252-522-7600

American Red Cross

1500 N. Queen St., Kinston, NC 28501

Contact: Kathy Jones @ 252-523-4528

Offers assistance for disaster relief and classes on safety.

Pitt-Greene Center for Hearing

Offers free hearing screening at 10:00 AM on the first Wednesday of each month at the Senior Center.

Ombudsman

**Eastern Carolina Council Area Agency on Aging
P O Box 1717**

New Bern, NC 28563

Contacts: Sheila Lewis and Angela Pridgen

Phone: 252-638-3185 ext. 3010 and ext. 3007

Fax: 252-638-3187

Toll Free: 1-800-824-4648

Provides advocates for person in long term care.

Pioneer Network

<http://www.pioneernetwork.net/DesginOnADollar>

A culture change education and advocacy organization for long-term Care facilities – Low cost environmental changes to help create a homelike environment for their residents.

Food/Additional Assistance

ICOR – InterChurch Outreach Program

Six Churches Plaza

1017 East Peyton Street

Kinston, NC 28501

252-527-7984

Contact: Marian Kempin

252-523-8609

Brenda Ipock

252-522-0042

Hours: Monday thru Thursday. 1:00 – 4:00 PM Closed Holidays

Assists with medicine, food, fuel, housing, or utility in an emergency or crisis situation Operates on gifts from local churches.

Food Bank of Central & Eastern NC

497 West Ninth Street

Greenville, NC 27834

252-752-4996

Fax: 252-752-1821

Hours: Mon-Fri, 7:30 AM to 4 PM

Groundbreakers Ministries

Hill Farm Road – behind Wal-Mart

Once a month delivered

Frozen boxes – 10 meals - \$28.00

252-527-8612

Kinston Assisted Living

Academy Heights

Daily Meal for pick-up \$2.00 a meal

252-522-5783

Disability/Rehabilitation Assistance **Assistive Technology**

Caswell Development Center

2415 West Vernon Avenue

252-208-4000

CAP

North Carolina Client Assistance Program

Raleigh, NC

1800-215-7227

NCCAP@dhhs.nc.gov

Rehabilitation assistance, advises individuals with their rights, explains services that are available

Vocational Rehabilitation

Kinston 252-522-5482

North Carolina Assistive Technology Program

Greenville – 252-830-8575

Make everyday activities easier and increase independence with assistive technology

Durable Medical Equipment

Carolina Home Medical

101 Airport Road

Kinston

252-624-0076

Life Alert

877-490-4488

Kinston Clinic Pharmacy

Doctors Drive

Kinston

252-523-3187

Emergency Services

Justin Tilghman, Emergency Planner (252-559-6151)

jtilghman@lenoir.nc.us

Senior Center can assist with Needs Registry

Foster Grandparent Program

Danielle Howell, Director (252-208-3790)

danielle.howell@dhhs.nc.gov

Department of Social Services

**130 West King Street
Kinston, NC 28501**

Key Staff Contacts:

Director: Susan Moore (252-559-6361) smoore@dss.co.lenoir.nc.us

Adult & Family Services Program Manager:

Chris Harper (252-559-6251) charper@dss.co.lenoir.nc.us

Adult Protective Services Supervisor:

Carole Larkins (252-559-6235) clarkins@dss.co.lenoir.nc.us

Adult Home Specialist:

Jackie Braxton (252-559-6248) jbraxton@dss.co.lenoir.nc.us

Adult Medicaid Supervisors:

Valerie Williams (252-559-6332) vwilliam@dss.co.lenoir.nc.us

Kellye Wooten (252-559-6334) kwooten@dss.co.lenoir.nc.us

Medicaid Program Manager:

Donna Grady (252-559-6329) dgrady@dss.co.lenoir.nc.us

Food & Nutrition Services Supervisors:

Sharon Freeman (252-559-6268) sfreeman@dss.co.lenoir.nc.us

Daise Starling (252-559-6264) dstarling@dss.co.lenoir.nc.us

Medical Transportation Coordinators:

Sandra Benton (252-559-6241) sbenton@dss.co.lenoir.nc.us

Barbara Seymour (252-559-6242) bseymour@dss.co.lenoir.nc.us

EMPLOYMENT/ EDUCATION

**Greene Lamp, Inc.
309 Summit Avenue
Kinston, NC 28501
Phone: (252) 523-7770**

**Greene Lamp, Inc.
110-A S.E. First St
Snow Hill, NC 28580
Phone: (252) 747-8146**

**Executive Director: William May
Deputy Director: Brenda Outlaw**

Offers employment training with case managers and training sessions

**Lenoir Community College
P O Box 188
231 Hwy 58 South
Kinston, NC 28502-0188**

Offers a comprehensive program based on the needs and interests of adults in Lenoir, Greene, and Jones Counties

Programs are designed to provide:

- basic skills education for adults*
- opportunities to achieve adult high school diploma or high school equivalency (GED)*
- cultural and community service programs*
- upgrading and vocational courses designed to prepare students for new jobs or allow them to perform better in present job.*

Contacts:

**Dr. Jay Carraway
VP of Continuing Education
Bullock Building 1, Room 152
252-527-6223 ext. 704
jcarraway@lenoircc.edu**

**Sue Morris
Staff Assistant
Bullock Building 1, Room 151
252-527-6223 ext. 703
smorris@lenoircc.edu**

Lions Industries for the Blind

4126 Berkeley Avenue

Kinston, NC 28504

Provides employment opportunities for non-sighted persons in a work setting that affords both income and dignity to the individual, with no compromise on the quality of the product.

Contacts:

Ray Amyette, Executive Director

252-523-1019

ray amyette@lionsindustries.org

Marc Camnitz, General Manager

252-523-1019

marc.camnitz@lionsindustries.org

Teresa Harper, Customer Service

252-523-1019

customerser@lionsindustries.org

National Council on Aging

Williamston, NC

252.789.4932

Title V senior program

HEALTH CARE

Lenoir County Health Department

201 North McLewean St.
Kinston, NC 28501
252-527-7116

Provides various health screenings.

Lenoir County Council on Aging

112 E. Blount St.
Kinston, NC 28501

Contact: Tracy Breasure, Executive Director
252-527-1545
tb.lccoa@suddenlinkmail.com

Provides In-Home Aides/LVI, nutritious meals, and activities at the center.

Home Health and Hospice Care

2405 N Herritage St
Kinston, NC 28501
252-527-9561

Physician's referral required.

Continuum Home Health

704 Plaza Blvd., #M
Kinston, NC 28501
252-527-3786

Personal hospice care focused on Quality of Life.

Gentiva Health Services (formerly Tarheel Home Health)

2111-C North Queen St
Kinston, NC 28501

Contact: Wilma Edwards, Office Manager
252-522-1458 *Physician's referral required.*

Home Health and Hospice Care

115 Airport Rd
Kinston, NC 28504
800-926-4442

Kinston Rehab and Health Care Center

907 Cunningham Rd
Kinston, NC 28501
252-527-5146
www.kinstonrehab.com

Community Home Care & Hospice

701 Doctors Drive
Kinston, NC 28501-1584
800-569-1348

Psychological Resources

Port Human Services
2901 N. Herritage St.
Kinston, NC 28501
www.porthumanservices.org
252-233-2383 • CRISIS HOTLINE: 866-488-7678

Mission: To help individuals and families navigate through life's challenges by providing effective and efficient substance abuse, mental health and intellectual/developmentally disabled services and supports.

Hearing & Speech Impairments

Pitt-Greene Center for Hearing (252-753-2501)
(877-335-2501) Toll free
Screenings @ Lenoir County Council on Aging the first Wednesday of each month.

Services for the Deaf & Hard of Hearing (Division of DHHS)

Specialist: Karen Caputo (252-243-3104)
Karen.Caputo@dhhs.nc.gov

Support for the Blind (Division of DHHS) 1-800-422-1877
Contact: Stephanie Wilkerson, Social Worker for the
Blind 252-523-4148 Fax: 252-523-7090

Support Groups

Alzheimer's Meets 2nd Wednesday each month at 10:00 AM

Bereavement Meets 3rd Tuesday each month at 3:00 PM

Visually Impaired and Blind support group – each month
Call senior center for more info. Or the department for the blind

Grandparents Raising Grandchildren *Call the center for dates and meeting times.*

Veterans National Caregiver Support Line
National Caregiver Support Line – 1-855-260-3274
Website <http://www.caregiver.va.gov>

Available for referrals for caring for a veteran

Adult Day Care

Day Break Adult Day Services
517 North Queen Street
Kinston, NC 28501

Gives caregivers respite by providing a center where elderly parents can be taken for a couple of hours or the entire day and picked back up later. The day programs include social activities, meals and general elderly supervision.

Transportation

Public transportation is provided through the Lenoir County Transit System. 523-4171. Fee

See also-DSS and Council on Aging

Adult Protective Services

Local – Department of Social Services

Adult Protective Services Supervisor:

Carole Larkins 252-559-6235 clarkins@dss.co.lenoir.nc.us

Division of Aging and Adult Services

2101 Mail Service Center

Raleigh, NC 27699-2101

24 Hour CARE-LINE 1-800-662-7030

HOUSING

Independent Living

Consumer Credit Counseling Services/Reverse Mortgage

327 North Queen St., Suite 107

Kinston, NC 28501

252-522-8004

Main Office – Fayetteville

888-382-3720 ext. 21

Education and Counseling

Housing Development, Rental

Rental Assistance

Weatherization and Home Repair

Kinston Housing Authority
608 North Queen St
252-523-1195

Kinston Housing Authority – Application Section 8
507 North Queen Street
Kinston, NC 28501
252-527-9160

Offers low income rental assistance applications/section 8

Kinston Towers
511 North Queen St
Kinston, NC 28501
252-527-8926

Friends of Homeless Shelter
112-114 N. Independence St.
Kinston, NC 28501
252-522-2788

Roland Paylor Apartments
214 W. Washington Ave.
Kinston, NC 28501
252-523-1601

Independent Living Rehabilitation
101 Fox Haven Drive
Greenville, NC 27858
Contact: Rebecca Tyndall
252-830-3471 • Fax 252-830-6599

Six Churches Plaza
107 East Peyton Avenue
Kinston, NC 28501
252-527-7984

Town of LaGrange
203 S. Center St.
LaGrange, NC 28551
Contact: John Craft
252-566-3186 • Fax 252-566-2201

LaGrange Meadows
208 E King St.
LaGrange, NC 28551
252-566-4496

Rose Vista Village Apartments
900 Academy Heights
Kinston, NC 28501
252-522-5783

Hotel Kinston
Worthington Place
100 E Peyton Avenue
Kinston, NC 28501
252-523-1195

Independent Living/Rehabilitation Services

State Office 919-855-3524

2801 Mail Service Center

Raleigh, NC 27699-2801

1-800-689-9090

Local Offices

Greenville – 252-830-3471

New Bern-252-514-4806

Assists individuals with significant disabilities in obtaining services

See also- disability assistance

ASSISTED LIVING OR NURSING HOME

Spring Arbor-Assisted Living

3207 Carey Rd

Kinston, NC 28504

252-523-3099

Randy Jackson, Executive Director

knexecdirector@hhunt.com

Assisted living and Alzheimer Dementia Care

Contact Department of Social Services-for placement

130 West King Street

Kinston, NC 28501

252-559-6400

Pioneer Network

<http://www.pioneernetwork.net/DesginOnADollar>

A culture change education and advocacy organization for long-term

Care facilities – Low cost environmental changes to help create a homelike environment for their residents.

LONG TERM CARE/NURSING HOMES

Harmony Hall Nursing and Rehabilitation
312 Warren Avenue
Kinston, NC 28501
252-523-0082

Kinston Rehabilitation and Healthcare Center
Adria Hightower, Admission Coordinator
907 Cunningham Road
Kinston, NC 28501
252-527-5146

Spring Arbor-Assisted Living
3207 Carey Rd
Kinston, NC 28504
252-523-3099
Randy Jackson, Executive Director
knexecdirector@hhunt.com

Assisted living and Alzheimer Dementia Care

HOME REPAIR / MODIFICATIONS/ENERGY ASSISTANCE

USDA: Kinston Office 252-526-9799

Home Repair Loan & Grant Program-Sec. 504

Weatherization Assistance

www.energync.net

WAGES (Wayne Action Group for Economic Solvency)
Serving Wayne, Greene and Lenoir Counties
Call: 919-734-1178

Housing Authority: 252-523-1195

Offers Fair Housing Administration, Federal Housing Administration

Consumer Credit Counseling Services/Reverse Mortgage

327 North Queen St., Suite 107

Kinston, NC 28501

252-522-8004

Main Office – Fayetteville

888-382-3720 ext. 21

Energy Assistance

Free fans are donated to the center every year by Progress Energy, usually in July, and are distributed to those who qualify on a first come basis.

Heat Relief Assistance

Salvation Army, Kinston, NC Call: 252-523-5175

Utility Bill Assistance

LIEAP – LOW INCOME ENERGY ASSISTANCE PROGRAM

December through February

Apply at DSS

NC Baptist Men Disaster/Relief Team

Spilman Baptist Church

Pastor Randy

Kinston, NC 28501

252-522-3011

REVERSE MORTGAGE

A reverse mortgage is a loan for senior homeowners that use a portion of the home's equity as collateral. The loan generally does not have to be repaid until the last surviving homeowner moves out or passes away.

If interested in learning more and finding out if you are eligible, contact one of the agencies listed below:

CCS A Division of Triangle Family Services, Inc.

700 Blue Ridge Road, Suite 101

Raleigh, NC 27606

919-821-1770

www.tfsnc.org

NOVADEBT

4917 Waters Edge Dr., Ste. 240

Raleigh, NC 27606

866-472-4557

www.novadebt.org

CLEARPOINT FINANCIAL SOLUTIONS, INC.

6060-B Six Forks Road

Raleigh, NC 27609

877-877-1995

www.clearpointcredicounselingsolutions.org

CONSUMER EDUCATION SERVICES, INC.

3700 Barrett Drive

Raleigh, NC 27609

866-635-6414 ext 6003

www.housing-counseling.org

RESOURCES FOR SENIORS

1110 Navaho Drive, Suite 400

Raleigh, NC 27609

919-713-1537

www.resourcesforseniors.com

SOCIAL SECURITY

Local Office: 2559 N Queen St.

Kinston, NC 28501

Telephone: 1-866-593-5671

1-800-772-1213 *Toll free*

Apply on line at: www.ssa.gov

Hours: Monday –Friday, 9:00 AM – 4:00 PM

INSURANCE COUNSELING

SHIIP - Senior Health Insurance Information Program

Trained volunteers assist with enrollment in Medicare and Medicare Part D

Contacts: Roberta Hamby, ALHC

919-807-6900 (Roberta.hamby@ncdoi.gov)

Call the center for local assistance: 252-527-1545

TAX PREPARATION

Assistance with tax preparation provided by trained volunteers with **AARP** during the months of February, March, and April. Call the center (252-527-1545) to schedule an appointment and for tax counseling.

JOB PLACEMENT

Employment Security Commission National Council on
2100 Presbyterian Lane Aging (Title V)
Kinston, NC 28501 Williamston, NC
252-526-4435 252-789-4932

LEGAL / FINANCIAL SERVICES

American Association of Retired Persons (AARP)

Local Contact: Janice Sellers
252-522-4084
jesjmgcl@icomnet.com

Offers free income tax filing service at various locations.

Consumer Credit Counseling Services/Reverse Mortgage

327 North Queen St., Suite 107
Kinston, NC 28501
252-522-8004

Main Office – Fayetteville
888-382-3720 ext. 21

Other helpful sites for assistance:

<http://www.nccob.gov/public>
<http://www.nchfa.com/homebuyers/horeversemortgage.aspx>

Credit and debit counseling service.

Legal Aid of North Carolina, Inc.

102 S. William St., Suite A
Goldsboro, NC 27530
919-731-2303 • 919-736-2301
mariam@legalaid.nc.org

*Offers free legal advice. Appointments can be made to meet at the
Lenoir County Council on Aging.*

Recreation and Fitness

Lenoir County Council on Aging
112 East Blount St.
Kinston, NC 28501
252-527-1545 • 252-527-1549
Contact: Tracy Breasure, Executive Director
([tb.lcco@suddenlinkmail.com](mailto:tb.lcco@ suddenlinkmail.com))

*Social activities, computer classes, games, cards, exercise room,
day trips, movies, health screenings, informative programs.*

Lenoir County Parks & Recreation
Contact: Bill Ellis, Director
252-939-3334
City Facilities:

Barnet Park-----939-3480
Fairfield Center-----939-3357
Georgia K. Battle-----939-3352
Holloway Center-----939-3362
Neuseway Nature Center-----939-3367

SENIOR GAMES- Neuse River Senior Games
Coordinator, Johanne Pryor
(johannepryor@gmail.com)
252-745-5252

To register for participation, or to make a donation, call Tracy Breasure at
252-527-1545 or send an email to tb.lcco@suddenlinkmail.com

Pink Hill Wellness Center
301 S. Pine Street
Pink Hill, NC 28572
252-568-2425

United Way

Lenoir/Greene United Way
327 N Queen St., Suite 112
Kinston, NC 28501
Phone: 252-527-0734
Email: director@lenoircouw.org

Contact: June Cummings, Executive Director
Janeice Goude, Executive Assistant

Provides local leadership and support to assist Lenoir and Greene Counties in building healthier, safer, and more caring communities.

Guiding Principles

The United Way will:

- Serve as a catalyst, in collaboration with community partners to enhance service capacity
- Serve as an interface connecting agencies and organizations to address local issues.
- Operate in a cost effective, accountable, and financially solvent manner as stewards of community contributions.
- Be ethical, inclusive, and culturally diverse.
- Work in collaboration with, respect, and promote, the interests of member agencies.
- Be a liaison between local agencies.

APPENDIX

AARP	1-888-687-2277
Area Agency on Aging	1-800-824-4648
Alzheimer's Association	1-800-272-3900
American Cancer Society	1-800-227-2345
American Foundation for the Blind	1-800-232-5463
American Heart Association	1-800-242-8721
Arthritis Foundation Hotline (<i>National</i>)	1-800-283-7800
Arthritis Foundation Hotline (<i>State</i>)	1-800-365-3811
Adult Protective Services	1-800-662-7030
North Carolina Baptist Aging Ministry	1-877-506-2226
Client Assistance Program-CAP	1-800-215-7227
Diabetes Information	1-800-342-2383
Division of Aging and Adult Services	1-919-855-3400
Eldercare Locator	1-800-677-1116
Hearing Aid Hotline	1-800-521-5247
Home Health & Hospice	1-800-926-4442
Independent Living Services	1-800-689-9090
Legal Aid of North Carolina (<i>Raleigh</i>)	1-919-856-2564
Legal Aid of North Carolina (<i>Goldsboro</i>)	1-866-219-5262
Medicare Fraud Abuse	1-800-633-4227

National Council on Aging (Elder Care)	1-800677-1116
National Hospice Organization	1-800-658-8898
National Lung Association Help Line	1-800-548-8252
National Parkinson's Foundation	1-800-327-4545
S.H.I.P. (<i>Senior Insurance Health Information Prog.</i>)	1-800-443-9354
Social Security Administration	1-800-772-1213
Wayne Action Group for Economic Solvency	1-919-734-1178

